Katie is a district campus dietitian for Berea College’s Kentucky units. Growing up, she loved playing sports and eating food! She has kept those same passions as she works with students doing programs to teach them how to eat more balanced meals while still enjoying their favorite foods.

Katie also enjoys working with athletes, teaching them how to fuel better to have more energy on the field.

Katie also encourages her students to eat more local food and try new vegetables that are grown by their peers at the college farm.