CONSUMERS
MORE PEOPLE ARE CHOOSING PLANT-FORWARD FOODS FOR A VARIETY OF REASONS.

HALF OF CONSUMERS AGED 18 TO 34 want the ability to substitute animal protein with plant-based alternatives.

Stanford University found that simply changing the name of vegetables to sound more indulgent increased the number of diners opting for PLANT BASED CHOICES BY UP TO 41%.

LOVE OF FOOD
PLANT-BASED AND PLANT-FORWARD CHOICES ARE A GLOBAL PRIORITY AND PART OF EVERY FOOD OFFER WE CREATE.

In 2018 we created over 200 new plant-based recipes like Kung Pao Cauliflower and Carrot Osso Buco. We recently worked with 15 supplier partners to support the scaling of these recipes.

Every Mindful by Sodexo recipe contains 50% fruits and vegetables.

A BETTER TOMORROW
SIMPLY INCREASING THE PROPORTION OF PLANTS IN A DISH HELPS ADDRESS THE WORLD’S MOST PRESSING CHALLENGES.

FOR THE ENVIRONMENT:
Production of animal-based foods accounts for around two-thirds of agriculture’s production-related greenhouse gas emissions.

FOR OUR HEALTH:
Individuals who followed a mostly plant-based diet had a 28% reduced risk of developing heart failure.

An 18-week plant-based dietary program boosted employee productivity, while alleviating symptoms of anxiety, depression, and fatigue.

OUR PARTNERS
COLLABORATION WITH OUR PARTNERS HELPS US BRING NEW PLANT-BASED AND PLANT-FORWARD OPTIONS TO THE MILLIONS OF CONSUMERS WE SERVE EVERY DAY.

TO LEARN MORE VISIT: www.sodexousa.com/plantbased